



30 January 2021

Dear Residents and Relatives,

COVID-19 Update #23

NSW Health has issued further updates yesterday which is good news for our residents and relatives at Chow Cho-Poon Nursing Home. Suburbs in the Canterbury LGA have been removed from the COVID-19 Areas of Concern. Therefore we can resume visits by booking at Chow Cho-Poon Nursing Home again.

Key points of the latest updates that are relevant to ANHF facilities

- Until further notice all staff and visitors must wear a surgical mask whilst in a residential aged care facility. This measure will continue to be enforced in all ANHF facilities.
- Until further notice, residents may have a maximum of two visitors each day. They may have different visitors each day provided these visitors are not from the following areas:
 - Cumberland City Council,
 - suburbs in the Mount Druitt area - Bidwell, Blackett, Doonside, Dharruk, Emerton, Hebersham, Lethbridge Park, Minchinbury, Mount Druitt, Shalvey, Tregear, Whalan, Wilmot
 - and Rooty Hill.
- Visitors will be excluded from entering ANHF facilities who:
 - have a fever (37. 5°C or higher) or symptoms of COVID-19 such as a runny nose, acute blocked nose, cough, sore or scratchy throat, fever, loss of smell or taste, or shortness of breath. These people must be isolated at home and seek COVID-19 testing even if symptoms are mild;
 - live in the NSW areas of increased testing
 - have been to any contact tracing locations of interest in New Zealand since 14 January 2021;
 - have been to any of the locations on the close contact or casual contact list at the times and dates listed;

For our updates during COVID-19, please visit our website www.anhf.org.au.

- are a close contact of a person with confirmed COVID-19 and are within their self-isolation period;
 - live in a household with a person who is currently self-isolating
 - are waiting for a COVID-19 test result.
- To be vigilant in preventing COVID-19, we will continue to implement the followings:
 - Booking system will be used to manage the number of visitors on site to enable share use of suitable social distancing meeting places.
 - Our facility will obtain name and contact detail of visitors, including the time in and out of the facility (in case of need for contact tracing).
 - Symptom and travel history screenings will occur at entry.
 - Visits would take place in the agreed specific areas only for the agreed duration.
 - Children visitors must be supervised.
 - Hand hygiene will be facilitated. Social distancing at all times.
 - Environmental cleaning post visit.
 - **Community activities and outings - Individual and group excursions**
 - Residents are able to leave the facility for small family gathering, individual outing or group excursion. However, from a risk perspective our facility will advise a resident that they will be required to undergo COVID-19 test upon return and may be required to be self-isolated for 14 days. Please discuss with your Facility Manager and complete a risk assessment. The facility will need to maintain records of the visit location, number of people in the gathering and the date of the visit.
 - Visits to the NSW areas of increased testing **will not be allowed**.
 - Residents and the persons responsible for taking the resident out will receive and have to agree to follow appropriate PPE and infection control advice if they need to leave the facility. COVID Safe behaviours must be observed including practicing physical distancing (1.5m) and hand hygiene. Face masks must be worn in indoor settings such as supermarkets, shared rides and other venues as per the Public Health (COVID-19 Restrictions on Gathering and Movement) Order (No 7) 2020.

For the latest COVID-19 hot spots or area of concern, please see updated list of venues and dates at <https://www.nsw.gov.au/covid-19/latest-news-and-updates>

It is important to regularly check the website, as this list may expand.

We appreciate your understanding that we may have to amend our measures timely in response to the urgent directive from the NSW Health. We will use other means such as telephone call to contact you, in addition to email at times of urgency.

Please do not hesitate to contact our Facility Managers or their delegates if you have any questions.

We thank you again for your patience, support and understanding.

Yours sincerely



Jenny Chua
General Manager, Residential Care