



ANHF

AUSTRALIAN NURSING HOME FOUNDATION

澳華療養院基金

Culturally Appropriate Aged Care Since 1980

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9th May 2021

Dear Residents and Relatives,

COVID-19 Update #29

New South Wales will extend its Covid-19 restrictions for another week as it struggles to identify the missing link between a quarantine case and the recent two confirmed cases in the eastern suburbs. **The restrictions applied to residential aged care from 5pm Thursday 6th May 2021 will now last until 12.01 am on Monday 17 May.**

Key points relevant to ANHF facilities are:

- For residential aged care facilities within the [Greater Sydney area, including metropolitan Sydney, Nepean Blue Mountains, Central Coast and Wollongong](#):
 - All staff and visitors **must wear** a surgical mask.
 - Residents may have a maximum of two visitors each day. They may have different visitors each day.
 - Visits should take place outdoors where possible.
- Western Australia is currently considered an affected area, with a number of [places of high concern](#). (This information can change rapidly so please check the web at least daily for updates).
- From 1 June to 30 September 2021, all visitors and staff entering a residential aged care facility should be required to provide evidence that they received a dose of the **2021 influenza vaccination**. For further information please see [Exceptional circumstances for visiting an RACF](#).
- The following persons will be **excluded** from entering ANHF facilities when they:
 - have a fever (37. 5°C or higher) or symptoms of COVID-19 such as a runny nose, acute blocked nose, cough, sore or scratchy throat, fever, loss of smell or taste, or shortness of breath. These people must be isolated at home and seek COVID-19 testing even if symptoms are mild;

- have been to any [close or casual contact locations](#) in NSW or Interstate [places of high concern](#)
- are a close contact of a person with confirmed COVID-19 and are within their self-isolation period
- live in a household with a person who is currently self-isolating
- are waiting for a COVID-19 test result
- (from 1 June to 30 September 2021) have not received a dose of the 2021 influenza vaccine.

To be vigilant in preventing COVID-19, we will continue to implement the followings:

- **Booking system will be used** to manage the number of visitors on site when the visits are taking place in a shared use meeting place/room. Visits in this situation will be restricted to the agreed number of visitors and duration.
- Our facility will continue to obtain name and contact detail of visitors, including the time in and out of the facility (in case of need for contact tracing).
- Temperature check, symptom and travel history screenings will occur at entry.
- Children visitors must be supervised.
- Hand hygiene will be facilitated. Social distancing at all times.

Community activities and outings – medical appointment, family gatherings, Individual and group excursions

- Residents are able to leave the facility for medical appointments, family gathering, individual outing or group excursion to attend any event on these conditions:
 - The event complies with the current [Public Health \(COVID-19 Restrictions on Gathering and Movement\) Order](#).
 - No one at the event:
 - Have been to any NSW, Interstate or Overseas locations listed in the current areas of concern at the dates and times listed for 14 days after they have visited the location;
 - Lives in the [NSW areas of increased testing](#);
 - Has been a close contact of a person with confirmed COVID-19 and are within their self-isolation period;
 - Lives in a household with a person who is currently self-isolating;
 - Is waiting for a COVID-19 test result.
- Residents and the persons responsible for taking the resident out are reminded that they should ensure COVID Safe behaviours must be observed including practicing physical distancing (1.5m) and hand hygiene in place with high people density. They are responsible to

record and disclose when required by the government the locations they have visited.

- Face masks will be provided for residents going out who must wear the masks per the current Public Health Order.

We appreciate your understanding that we may have to proceed swiftly in response to the COVID-19 situation. We will use other means such as telephone call or SMS to contact you, in addition to email at times of urgency.

Please do not hesitate to contact our Facility Managers or their delegates if you have any questions.

We thank you again for your patience, support and understanding.

Yours sincerely



Jenny Chua
General Manager, Care Services