



**ANHF**  
AUSTRALIAN NURSING HOME FOUNDATION  
**澳華療養院基金**  
Culturally Appropriate Aged Care Since 1980

# NEWSLETTER



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## New Nursing Home in Gordon Officially Named Huang Ying Jung Nursing Home upon Generous Donation by Dr Chen-Ya Huang



Dr. Huang and his niece Mrs. Diana Lau (first left) pose for a photo with Chairperson Ellen Louie (right) and Director Mei Mei Tse (second left) of ANHF.

The much-awaited first Chinese-specific nursing home in the North Shore was opened at the end of March 23. With the generous donation by Dr Chen-Ya HUANG in loving memory of his late father, Prof. Huang Ying Jung, this new nursing home at Gordon was officially named **Huang Ying Jung Nursing Home**.

The relationship between ANHF and Dr Huang has been long and close. Back in 1980, Dr Huang, together with those from the Chinese community who shared the same vision, established Australian Nursing Home Foundation. As he recalls this experience that occurred over 40 years ago, he still remembers the discrimination that existed in the general public despite the dwindling influence of the white-Australia policy. In fact these ANHF pioneers were also forerunners who fought against and overthrew this policy. There was unflinching determination in their efforts to establish a Chinese nursing home. Dr. Huang pointed out that, at that time many Chinese people seldom engage with the mainstream community due to a language barrier, leading to a sense of self-isolation. With an ultimate desire to return to China, they were not interested in Australian politics. However, Dr. Huang and his like-minded friends had a





Dr. Huang & his niece Mrs. Diana Lau

different perspective. "Since we were Australian citizens, we had to integrate with the local community in order to secure the welfare the Chinese community deserved and establish long-term goals." Thinking ahead, they saw the need for a Chinese-specific nursing home, so they purchased an old, 21-bed nursing home in Strathfield, where there was then a high population of people from Western Europe and established the very first Chinese-specific nursing home in Australia. By closely engaging with the local community, our ANHF founders formed close community ties and showed their values were not starkly different from others. Hence, both parties could naturally accept and mix well with each other.

Though Dr. Huang, as a neurologist, left for Hong Kong in the 80s to further develop his professional career, he had been paying close attention to and supporting the development of ANHF. He is glad to see how ANHF has developed over the past 40 years, from a small-scale nursing home to currently providing a range of services from 4 well-established nursing homes, 11 seniors wellness centres, 3 community housing for the seniors, and home care services that cover the whole metropolitan Sydney. Dr. Huang also recognizes the needs of a fast-expanding Chinese community. He also acknowledges how ANHF has won the trust and continuous support from the public with unwavering vision, honesty, uprightness and solid service achievements.

For Dr. Huang, naming the new nursing home at Gordon was serendipity as he and his family members had been finding a way to commemorate their late parents.

As construction of the home was completed, they suggested donating to name the nursing home after their parents' names. Due to registration restrictions, they were pleased to use 'HUANG Ying Jung', their late father's name, for the new nursing home, and 'Mrs. HUANG TSAO Yeoh Zu', their late mother's name, to name an elegant and refined tea pavilion inside the premise. That was the perfect fit!

The Huang's family is a family of elites. Prof. HUANG Ying Jung was a professor in the Department of Law and the acting Vice Chancellor of the former Nanyang University in Singapore. Dr. Huang emphasizes that parents should best give their children absolute freedom and choice, never indoctrinate and always be models that live out their own words and character for their children to observe and follow their examples.

Though over 80 years old, Dr. Huang converses with witty repartee and is shrewd in his thoughts. In sharing his tips for longevity, apart from a healthy diet and regular exercise, he also encourages older persons to always 'exercise' their brains by learning new things, find in new ways of doing things from old theories, assimilating new knowledge, maintaining independent thinking and keeping a critical mind to keep pace with time and the modern world.

## Know more about Prof. Huang Ying Jung

Prof. Huang Ying Jung was born in 1905 in Meixian, Guangdong Province, China, and he was a Singaporean. He obtained a Bachelor of Laws degree from Soochow University and a Doctor of Juridical Science degree from George Washington University in the United States. He served as the Acting Vice Chancellor of the former Nanyang University in Singapore. He presided over Nanyang University for many years and achieved remarkable results. In 1966, he was awarded the Public Service Star (BBM) by the President of Singapore.





## A Visit to the First Chinese-Specific Nursing Home in Northshore — *Huang Ying Jung Nursing Home Guided Tour*

The much awaited first Chinese-specific nursing home in the Northshore has officially opened its doors to elderly residents who are gradually moving into this gorgeous facility to enjoy the services provided by our professional team. The Communications and Marketing Unit was honoured to have an opportunity to join the welcome session for Board members and new staff. As we stepped into this aesthetically designed residential home, we were greeted by paths adorned with mottled canopies of leafy shades and mesmerizing fragrance from flowers. We were stunned by the unexpected splendour from a nursing home in Australia. We can't wait to take you to a journey through this uniquely designed Chinese-specific nursing home.



### **Feels like you are in the lobby of a five-star hotel**

As you enter the reception area, you will feel like you are in an exceptionally impressive lobby of a five-star hotel. A wide variety of famous paintings and antiques create an atmosphere reminiscent of an art gallery. Our CEO, Ms Ada Cheng, expressed her heartfelt gratitude to the donors for their generous contributions of favorite and treasured items, which mutually support the unique and tasteful ambience of this residence premise.





### Uniquely designed rooms create comfortable and private space.

The rooms have been designed with traditional Chinese classic elements. The light and graceful colour scheme paints a gently permeating, soothing, and peaceful ambience. Every room has an open view to the surrounding greenery with ample sunshine. The rooms are furnished with a built-in wardrobes, comfortable chairs and individual washrooms to ensure privacy. They provide a place where residents can enjoy life in grace and comfort.

### Multi-purpose lounge for visits by family, friends and relatives.

We understand that our elderly residents still require support and tender loving care of their family members. Weekend visits by grandchildren are particularly heart-warming. Within the nursing home, lounges and special-purpose rooms of various sizes are available, ensuring the convenience of family members who come to visit their loved ones. In addition, our facility features a library, treatment rooms, a salon, a gym, etc — all aimed at enhancing the well-being of our residents. These amenities allow residents to enjoy grooming and beauty facilities.



### Dining area with a Chinese design offers delicious meals for elderly residents.

In Chinese-specific nursing homes, culturally-specific meals are provided ensuring the elderly can continue to enjoy good food after moving in. Each day, upon waking up, residents can use a tablet to choose their preferred meals and access information about daily activities and programs, as well as booking medical appointments based on their preferences. Living in a residential facility can also provide convenience and comfort akin to living in a smart home.

**ANHF will never rest on its laurels but always strive to provide the best quality service for older persons. Not a slogan but a promise to put into action through unreserved efforts. The construction and opening of Huang Ying Jung Nursing Home is a solid example to demonstrate to the community our steadfast commitment to our mission.**





# Decorate Your Home — A Nursing Home Enveloped in Artistic Atmosphere

Stepping into Huang Ying Jung Nursing Home (HYJNH) is akin to entering a vast art museum, adorned with kaleidoscopic array of antiques, cherished collections, and walls decorated with paintings by famous painters. Many of these paintings are masterpieces donated by Mr. Stuart Leung, a renowned painter also known as 'King Painter of Peony in Australia'.

"Three years before the COVID-19 pandemic hit, I planned to organise an exhibition of my works in Hong Kong," said Mr. Stuart Leung. "However, due to the pandemic and recent health concerns, my idea was set aside. I finally decided to donate all 100+ paintings to ANHF upon the completion of HYJNH. This way, more people can have the opportunity to enjoy these paintings, making it a more meaningful contribution."

## Generous donors donates cherished collection

In addition, ANHF also launched a 'Decorate Our Home with Love' campaign inviting generous donors to contribute their cherished collectibles for displays in exquisite glass cabinets, corridors, dining rooms, lounges etc. The response has so far exceeded our expectations and we extend our heartfelt gratitude to all donors for their generosity.



Mr and Mrs Stuart Leung

## List of donors

Anonymous donor	Liza Liu
Ada Cheng	May
Maggie Cheng	Chan Ng Cheung Ngan
Wilson Chieng	Michael Ng
Francis & Anne Chow	Amy O'Young
Monica Chu OAM	Mei Mei Tse
鍾吳長銀捐贈	Michael & Jenny Tjeuw
Wayne Howe	Therese Tong
Family of Fifi Lai and Ken	Jie Jin Wang
Mimi Lam	黃世妹
William Lai	Dennis & Rose Yeung
Rosalina Leung	Rose Yeung
Shui Ching Li Ng	Dr. James Yu
Margaret Ling	Lian Ying Zhang

Sort alphabetically by last name.







## HYJNH WON DESIGN AWARD AT THE 14TH AGEING ASIA INNOVATION FORUM

Interviewing Julie Ockerby, Principal Creative Director

**1. Designing the Huang Ying Jung Nursing Home was a journey of nearly six years of challenges. What is your greatest feeling upon receiving this design award? Who would you like to express your deepest gratitude to?**

After 6 years, we never once felt the want for this project to be finally over. In fact, the gift of that length of time allowed us to really collaborate with Ade Cheng, and the stakeholders of ANHF, plus the community.

Upon reflection, the journey to reach completion has been the greatest journey. It never felt transactional. It always felt that this was collaborative experience.

Because of this, my deepest gratitude extends to Ada for trusting in our talents and believing that what we designed was for not one singular entity but for the community, resident, families and carers, equally.

As designers we talk about the notion of 'collaboration' but very few experiences are true collaborations. This project has truly been collaborative and the result is testament to this. Ada has been our biggest advocate and I am very grateful for her confidence in us and our design.

**2. Distinct from previous commercial designs, you designed a Nursing Home with a Chinese cultural background this time, aiming to create a comfortable home for the elderly. What was the most important or central concept in your design approach?**

The most central concept to our design approach was not just understanding and instilling the cultural sensitivities but working in tandem was to base our design on the human-centric approach. Therefore, our biggest achievement was being able to encapsulate the principles of aged care design with an emphasis on functionality & accessibility, sustainability, together with cultural and social factors that influence the needs and wants of residents and staff. There is not just one central concept. It was a combination of many moving parts. That is what makes good design.

**3. ANHF's service philosophy revolves around a human-centric approach, emphasizing the concept of designing the Nursing Home with the individual in mind. What was the greatest challenge in capturing the essence of this human-centric philosophy in the design of the facility?**





# MELI STUDIO

You can see why ANHF and Meli Studio have so much synergy together! We both believe in the human centric approach. The greatest challenge however is always balancing the need to design for not just one, but for many. Finding the common denominator takes time, leaning on research, and trial & error.

With this project, the biggest common denominator was meeting the needs and wants culturally and socially. From there, everything flowed.

**4. You mentioned that good design is not enough and that the pursuit of excellence in design is essential. In your view, what defines excellence in design?**

Reaching excellence is not simply ticking boxes. What may work for one, may not work for all. Hence, the 'one size fits all' philosophy does not work. In fact, 'one size fits none'.

Replicating design never reaches excellence. Each project carries its own personality. Hence, each design needs to develop its own edge.

Excellence in design is not reached by just meeting a brief. It is about starting from absolute scratch and truly understanding what the outcome should be.

**5. Many people, including elderly residents and their families living in HJYNH, have praised this project incessantly. As the designer, which aspect of this project are you most satisfied with?**

That's so wonderful to hear! We are so proud of this project physically. It is without a doubt a masterpiece achieved by many design hours and attention to detail. But the most satisfying is the human element. Seeing the many happy faces, the looks of 'wow', the contentment of residents and carers. That is when you know how impactful our design is.







# The Next New Nursing Home Revealed

## Message from Ellen Louie, ANHF Chairperson

We are very excited that after many years, ANHF's vision for a nursing home on the north shore has finally become reality and the residents are slowly moving into their new home.

We now have further exciting news to share with you.

A wonderful opportunity came up and ANHF has been able to recently acquire a site at Burwood to build a new nursing home to ultimately replace our current older homes, Bernard Chan Nursing Home.

The design process for the new home is still in the early stages but it will be innovatively designed and be based on the small hub model advocated in the recent Royal Commission into Aged care. Once completed in approximately 3-4 years' time, the residents will all enjoy single rooms with ensuite, and the residents and the staff will benefit from the modern environment and amenities. Also, the new home will allow us to better control infections in the event of viral outbreaks.

ANHF's directors are committed to providing the best possible care to our residents and ensuring that our staff work in safe and happy surrounds. With this in mind, we are proceeding with this new project, notwithstanding the difficulties that all aged care operators are facing in these current times.

The purchase of the site and construction of the home is a big commitment and will be very financially challenging for ANHF so we hope that you will all continue to support us in this endeavour. Together, we can make another dream a reality.







# Support for Frontline Staff — Unsung Heroes in Home Care Services

To many of us, the Home Care Team might be confined to the Home Care Manager, Home Care Adviser or frontline staff. However, smooth operation of the entire team relies on the efforts and steadfastness of many crucial staff member behind the scenes. Here, we would like to present snap shots of several unsung heroes in our Home Care Team.

## **Rostering Officer — Weaving the Seamless Link**

For years, Theresa Cheung has taken on the role of Rostering Officer, acting as a bridge between frontline staff and elderly consumers. She knows every consumer's personality, their preferences, and even the strengths of the frontline staff, enabling her to match them effectively. Rostering may appear to be an easy job, but in fact, it is not — Services are often added or cancelled due to varying daily needs of individual elderly consumers, necessitating immediate contact with person care staff. Theresa estimates that on the average, there are approximately 70 to 100 calls in / out on a busy day. 'Ensuring the happiness of both consumers and staff is not an easy task. Overseeing these challenges brings me a great sense of accomplishment! There're moments when you hear the helplessness in the voices of elderly consumers but finding the right staff for them can genuinely resolve daily living issues. This role provides me a platform to assist the needy directly!'

## **Home Care Team Leader (Workforce) — Professional Training for Staff**

Andie Lo, Home Care Team Leader (Workforce), plays a vital role in managing the extensive frontline staff of ANHF's Home Care Team. Her responsibilities include staff professional training and procurement of essential work-related items such as gloves, shoe covers, masks and personal protective equipment etc. These efforts are aimed at ensuring the timely and efficient delivery of professional services and protection for staff and elderly

consumers. Frontline staff will share with Andie about their challenges. Andie expresses appreciation for their hard work and hopes that elderly consumers and their family members will show respect towards our frontline staff. Given the current shortage of manpower in aged care industry, Andie emphasized that, 'We're working hard on staff recruitment, but we still need to face greater challenges and difficulties, especially recruiting staff who are fluent in Cantonese or Mandarin.' Despite the challenges, Andie firmly believes that our aged care staff must continue to demonstrate respect and genuine care for the elderly.

## **Home Care Administrative Officer — Assistance in Applying for Services**

The telephone number of ANHF Home Care Team is 9784 0840. High volume of daily enquiries are received by Helena Leung, our Home Care Administrative Officer. Regarding home care service fees and how to apply such services in Australia. Helena explained, 'An inquiry can often extend beyond ten minutes, as many elderly and their family members are not familiar with the process of applying for aged care services in Australia. I must guide them on how to contact My Aged Care and utilize the Telephone Interpreting Service if they don't speak English. Patience is crucial in helping them to understand the process. Witnessing the journey of elderly consumers and family members from having little knowledge about the system to eventually receiving homecare service brings immense fulfillment to Helena. This drives Helena a sense of accomplishment and the impetus to work.'



# 嘉許信

## Compliment Letter

### Acknowledgments: ANHF Jones Street Elderly Housing and Outstanding Employees.

To the Director General Manager: Hello!

Outstanding employees:

*Jacky Chan (Housing Officer): Humble, tolerant, fair to people and things, smart and capable.*

*Cherry Lee (Housing Assistance): Gentle, patient, defends and protects the elderly, acts carefully.*

*K.C. Lau (Admin Assistance, SHSWC): Humble and polite, sincere to the elderly.*

*Yvonne Fung (volunteer): Timely care for the elderly, attentive listening, and companionship.*

Friends often say: there are many famous elderly homes in Australia that are very good, but the fees are expensive. However, from my experience, I should say that the best one is where the host's management is perfect, the elderly residents are friendly and can live together in harmony. I am fortunate to live in the Jones Street Elderly Housing, which is a facility that keeps its promises and fulfills its mission. There are many good examples, and here are just a few to illustrate:

Example 1:

*The pandemic has been going on for three years. I was once under quarantine and not allowed to go outside. The management immediately conveyed the government's instructions and sent staff to visit each household, ensuring that the elderly did not feel helpless.*

Example 2:

*I had just moved in and lost my public transportation card. I immediately informed the management office, and they promptly reassured me and dispatched volunteers to assist me in going to the government lost and found department to replace the card. This made me feel at ease and secure.*

*I often share the benefits of living here with my sister, who was also moved by it and gave up her previous residence in government housing. This is because the facilities and equipment in the ANHF Aged Care Housing are complete and aim to provide comfort and warmth for the elderly. It is an ideal place to live. After several rounds of waiting and selection, my sister finally succeeded in moving into the ANHF Elderly Housing. I am really grateful that my sister is placed in this beautiful place. The ANHF Aged Care service quality is high and is worth recommending to relatives and friends. The elderly who live here all know that ANHF Aged Care is there to help us anytime during difficult times!*

*Leaving home and living in a different place, most of my family members are in Hong Kong, and sometimes I feel very lonely. I am fortunate to be able to live here. I am very satisfied!*

*I would like to commend and praise the above outstanding employees of your organization! Thank you from the bottom of my heart!*

**Resident of Room 25,  
Jones's Street Community Housing**





*Your Support Takes Us Further* 你的支持，讓我們的服务更進一步

You can also donate securely via our website: <http://anhf.org.au/contact-us/donations>

**Thank you for your support. Below are the donations received from January to March 2023**

謝謝各位的支持。以下為2023年1月至3月期間之捐助人士芳名。

\$100以下/ < \$100	\$100-\$499	\$500-\$999	\$1000-\$4999	\$5000以上/ \$5000 and above
Bow Lee Rita Fong	Ralph Yong Charm Nyi Han	Kimberley Lam Kai K Tong Betty Liu	Ada Cheng Johnny Teong Jenny Chua Denny & Mei Mei Tse Chun Sung & Ann Wong Mandy Ho Sook Han Cheng Crystal Leung Lisa Wu Khadka Anonymous Suet Yee Cheung Brancourt Dairy Australia Tony Jan Trilin Pty Ltd Annette Yu Anonymous Fifi's Bong Wong Family Josephine Chau Glenda Wai-Kau Ng	Invocare Australia 南洲國學社 陳耀南教授 Chee Kwan Siu Eric Sai Kwong JP Raymond W.M. Wong Dr Amen Lee OAM and family Banna Foundation 澳洲華人公益金 (ACCF) Alex and Nancy Ma Bernard Hor ABC Tissue Products Pty Ltd Albert and Cathy LAM Care Systems Grindley Construction 2CR China Radio Network Ettason Pty Limited Way In Network Australia



# Welcome to the ANHF Team

JANUARY-MARCH 2023



## 陳秉達療養院 Bernard Chan Nursing Home



### Dongxing (Stella) Zhou Registered Nurse

My name is Dongxing Zhou (Stella), I graduated from University of South Australia with a Bachelor Degree in Nursing and became a registered nurse. I have completed my clinical placement in Adelaide Royal Hospital ICU ward and Lyell McEwin Hospital surgical ward. I have been working as a RN in the health industry in China and in Australia for the past 7 years. I worked for Mediserve Nursing Agency before joining Bernard Chan Nursing Home in February.



## 蘇懷活動中心 — 華語組

## So Wai Seniors Wellness Centre - Chinese Group



### Chui Ling (Max) Wong Coordinator

Max graduated from University of Hong Kong with Master's Degree in Social Work.

Max joined ANHF as Coordinator at So Wai Seniors Wellness Centre in Feb 2023. He has been working as a registered social worker in Hong Kong for 30 years, before he came to Australia last October.

He has the experience in serving elderly, families, detached youths, new arrivals, refugees, the poor and homeless who are in need.



# Enchanting autumn gatherings

BCNH 陳秉達療養院



CCPNH 周藻泮療養院



LCACC 錢梁秀容療養院





## SHSWC 沛德活動中心



## So Wai Support Group 蘇懷支持小組



## CSWH 金匙長者康怡天地



## NSWC 北區長者活動中心

