



Support at Home Program Deferred

The Australian Government has announced that the new Aged Care Act, including the Support at Home program will be deferred from 1 July 2025 to 1 November 2025. A letter from our General Manager has already been sent to you with further details.

This extension provides additional time for the Department, aged care providers, and other stakeholders to prepare for these once-in-a-decade reforms and ensure a smoother transition for older Australians.

Please be assured that this deferral will not affect your current services. Your unspent funds will continue to accumulate over the additional four months, without any cap.

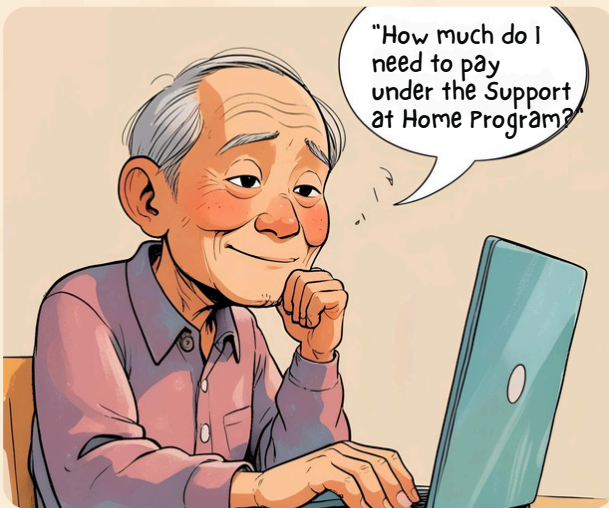
We will keep you informed of any updates through our newsletters. If you have any questions or concerns, please don't hesitate to contact your Care Advisor.

New Online Estimator for Support at Home Contributions

My Aged Care has launched a fee estimator for the upcoming Support at Home program. Although the program has been delayed, this tool helps individuals understand their potential contributions once the new program starts on 1 November 2025.

If you are currently paying an Income Tested Care Fee under the Home Care Package, you can enter your financial details to estimate how much you might need to pay under the new Support at Home Program. Try the estimator here:

🔗 <https://www.myagedcare.gov.au/upcoming-changes-aged-care-funding-how-they-affect-you#fee-estimator>



Visit Our New Renovated Nursing Home!

We're excited to invite you to visit ANHF's newly renovated Thornleigh Nursing Home, located in Sydney's Upper North Shore, on 1 August 2025.

During the visit, you'll also have a special opportunity to meet Daisy, a humanoid robot who can chat, interact with people, and even play games.

This is a wonderful chance to explore our upgraded facility and see how technology is bringing joy and meaningful support to older people in aged care.

If you're interested, please contact the Home Care Office on 02 9784 0840.

Invitation

⚠️ BE AWARE OF BLESSING SCAMS



NSW Police are warning the public about a rise in "blessing scams" targeting Asian community, particularly elderly Chinese women. Scammers use fear tactics, claiming a curse or bad spirits threaten family members and convince victims to hand over valuables for a fake blessing ritual.

The valuables are then secretly swapped with worthless items. Recent cases have occurred in suburbs including Blacktown, Bexley North, Merrylands, and Burwood.

Police urge the community to be cautious:

- ❌ Don't speak to strangers about spiritual matters,
- 🚫 Don't follow unknown individuals to a healer or bring them home
- 💰 Don't hand over money or valuables for rituals.
- 🚨 If in doubt, walk away and report suspicious behaviour immediately to the police.



「居家支援計劃」延期推行

澳洲政府宣布新的《老人護理法案》(Aged Care Act) 包括「居家支援計劃」(Support at Home Program) 將由原定的2025年7月1日延後至2025年11月1日實施。澳華養老總經理早前已經向您發出信函，並有詳細的說明。

這次延期將為衛生部、護理機構及其他相關持份者提供更多時間，以便為這項十年一遇的重要改革做好準備，確保長者能順利過渡。

計劃延後推行不會影響您目前的服務。您未使用的資金在延期這四個月內仍會繼續累積，且不設上限。我們將透過定期的通訊持續為您提供最新消息。如有任何疑問或需要協助，請隨時聯絡您的護理顧問。

「居家支援計劃」自付金額線上估算工具

政府機構「我的養老服務」My Aged Care 網頁推出了一個新的費用估算工具，協助長者了解在即將實施的「居家支援計劃」下，可能需要支付的費用。儘管該計劃已宣布延期推行，這項工具仍可幫助您預先了解2025年11月1日之後您可能需要繳付的費用。

若您目前正使用家居配套 (Home Care Package) 並須繳付「收入測試護理費」，您可以點擊以下結鏈，輸入財務資料，估算在新計劃下可能自付的金額。

🔗 <https://www.myagedcare.gov.au/upcoming-changes-aged-care-funding-how-they-affect-you#fee-estimator>



參觀北區新裝修療養院

我們誠意邀請您，於2025年8月1日前來參觀澳華養老院位於悉尼上北岸Thornleigh地區、全新裝修的芳寧療養院。

參觀當日，您還將有機會親身認識 Daisy —— 一個能夠與人互動、聊天，甚至玩遊戲的機械人！

這是一次難得的機會，讓您探索我們升級後的新設施，並體驗科技如何為長者帶來歡樂與支援。如有興趣參加，請致電家居服務辦公室：02-9784 0840

邀請函

祈福能醫百病？



⚠️ 提防「祈福詐騙」

新南威爾斯警方 (NSW Police) 提醒居民，近期針對亞裔社區，尤其是年長華人婦女的「祈福詐騙」案件明顯增加。

詐騙者常以恐嚇手段行騙，例如聲稱受害人或其家人被詛咒或有惡靈纏身，藉此誘使受害人交出財物進行假祈福儀式。

在所謂的儀式中，詐騙者會偷偷將貴重物品調包為毫無價值的東西，然後逃之夭夭。

近期案件發生地點包括：黑鎮、貝斯利北Bexley North、梅利蘭Merrylands、寶活等。

警方呼籲社區保持警覺，注意以下事項：

- ❌ 不要與陌生人談論靈異或宗教話題
- 🚫 不要跟隨陌生人去見「大師」或帶他們回家
- 💰 絕對不要交出金錢或貴重物品進行任何儀式
- 🚨 若感可疑，請立刻離開現場並報警

長者潮一下:

走進人氣網紅店

Winter Wonderland at The Grounds

西餐 Western Style Food

優先考慮首次報名參與社交郊游活動的客人

Priority will be given to participants joining our social outings for the first time



當日店鋪裝飾可能有所改動。
Decoration could be different to advertised



23/07/2025 (Wed星期三)
11:00 - 15:00



錢梁秀容頤康苑 集合
Meet at Lucy Chieng Gardens
413 Beamish Street Campsie 2194



活動收費:2.5小時
Activity Charge: 2.5 hours

報名請電 Call to register
(02) 9784 0840

截止日期 Register By
15/07/2025

****家居護理用戶有足夠預算 並有良好行動能力, 可獨立行走**

****For Home Care Consumers with enough budget and good mobility.**

交通接送另計、提供簡單膳食 Transportation excluded; light lunch is provided

社交支援活動 僅限家居護理客戶 Social Support Group Activity for Home Care Consumers only

取消需要提前一週通知 Cancellation requires one week's advance notice

額滿即止 報名從速 Limited spots available; register early



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樂思社

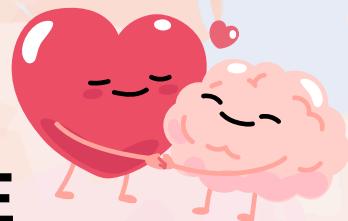
Mindful Club

为了迎接脑退化症的挑战，我们家居护理将会推出 Mindful Club (乐思社)。这是一个专门针对脑退化症的支持小组。该小组将每两周在金匙区 Campsie 举行，我们将提供支持记忆和认知健康的活动。

Embracing the challenge of dementia, our Home Care Services is introducing the Mindful Club, a dementia-specific support group. The group will meet fortnightly at Campsie, offering activities that support memory and cognitive health.

2025

活动日期 PROGRAM DATE



LANGUAGE:
MANDARIN
语言:
普通话

CAMPSIE

星期五
(FRIDAY)

10:30 AM - 2:30 PM

2/F, 413-425 Beamish St., Campsie 2194

八月

AUGUST

15/8, 29/8

九月

SEPTEMBER

12/9, 26/9

十月

SEPTEMBER

10/10, 24/10

十一月

NOVEMBER

7/11, 21/11

十二月

DECEMBER

5/12, 19/12



活动收费：2 小时

Activity Charge: 2 hours

根据政府对新「居家支援计划」的指引，收费可能将于11月1日起重新制定
Charges will be reviewed from 1 Nov according to government guidelines on the new Support at Home Program



查询 Enquiry: 0488 152 223 陈姑娘 Eliza Chan

请向你的家居护理顾问报名

Please contact your home care advisor for registration.



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交通接送另计、提供膳食 Transportation excluded; lunch is provided

社交支援活动 仅限家居护理客户 Social Support Group Activity for Home Care Consumers only

取消需要提前两个工作天通知 Cancellation requires 2 working days in advance